



## AMMO CAFFEINATED GRANOLA BAR

150mg CAFFEINE (=1.5 cups of coffee)

10g PROTEIN + GLUTEN FREE

DAIRY FREE + KOSHER

ALL NATURAL



### Achieve More with AMMO.

With the popularity of sugary, chemical-ridden products like *Red Bull* and *5 Hour Energy* in convenient stores, grocery stores and gas stations nationwide, our company wanted to come up with a much healthier alternative that gives wholesome, well balanced energy while satiating hunger at the same time.

**AMMO** is a Delicious, All-Natural, Gluten-Free Granola bar with **150mg of Caffeine (=1.5 cups of coffee)** and 10g of Protein.

### Nutrition Facts

1 serving per container

**Serving size**

**1 Bar 1.7oz. (48g)**

**Calories**  
**per serving** **190**

| Amount/serving                                                         | % Daily Value* | Amount/serving                | % Daily Value* |
|------------------------------------------------------------------------|----------------|-------------------------------|----------------|
| <b>Total Fat</b> 6g                                                    | <b>10%</b>     | <b>Total Carbohydrate</b> 28g | <b>10%</b>     |
| Saturated Fat 2g                                                       | <b>10%</b>     | <b>Dietary Fiber</b> 2g       | <b>8%</b>      |
| Trans Fat 0g                                                           |                | Total Sugars 16g              |                |
| <b>Cholesterol</b> 0g                                                  | <b>0%</b>      | Includes 15g Added Sugar      |                |
| <b>Sodium</b> 230mg                                                    | <b>10%</b>     | <b>Protein</b> 10g            |                |
| Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 2mg 10% • Potassium 90mg 2% |                |                               |                |

**INGREDIENTS:** GLUTEN FREE ROLLED OATS, SOY PROTEIN CRISPS (SOY PROTEIN ISOLATE), LIGHT BROWN SUGAR, HONEY, CHOCOLATE CHIPS (UNSWEETENED CHOCOLATE, ORGANIC CANE SUGAR, COCOA BUTTER), WHITE RICE FLOUR, TAPIOCA SYRUP, CANOLA OIL, GLYCERIN, UNSWEETENED SHREDDED DESICCATED COCONUT, SOY LECITHIN, SALT, CAFFEINE, COCOA POWDER (DUTCH), CINNAMON. **CONTAINS: SOY.**

NOT RECOMMENDED FOR CHILDREN, PREGNANT OR NURSING WOMEN AND PERSONS SENSITIVE TO CAFFEINE.

| SIZE         |                     | 6 COUNT           | COST    | POS               | COST    |
|--------------|---------------------|-------------------|---------|-------------------|---------|
| 1 Bar        | 5"L x 2" x .5" H    | 1 box (6 bars)    | \$6     | POS (12 Bars)     | \$12    |
| 6 Count Box  | 5"L x 5.5"W x 1.3"H | Case (14 box)     | \$84    | Case (4 POS)      | \$48    |
| 12 Count Box | 9"L x 6"W x 2.5"H   | Pallet (70 Cases) | \$5,880 | Pallet (70 cases) | \$3,000 |

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@AmmoBars

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